

Brian & Tammy Cooke and family (Brady, Madison, Dakota, Virginia). We are fourth generation ranchers/farmers from the southwest corner of Saskatchewan. We decided to try and manage our land base in a more holistic manner to achieve a level of sustainability without the use of pesticides or herbicides. This decision led us on a journey of research where we discovered that organic organizations had done the most work in this area. Realizing that organic production was a good fit with our management style we decided to work towards certification. We have now been certified since 2001 for both cattle and land.

All decisions made take the land into consideration first. Healthy land makes for healthy cattle. The cattle are grazed on an ever changing rotation to insure that pastures are grazed based on the pastures needs. This includes grazing pastures taking seasons, plant health, wildlife, and livestock needs into consideration. We calve later in the spring to ensure cows have access to green grass when the calves are born. Also, we move through the cattle often to ensure that they stay quiet and accustomed to human contact. The cattle are physically handled as little as possible. We hope to be able to pass on a healthy, thriving family farm to our children someday.